



St THOMAS

THE APOSTLE SCHOOL



September 7, 2021

Dear Parent,

Attached is a copy of the current Covid-19 protocols for students testing positive or who are designated as close contacts.

The information is meant to help families understand procedures that are in place at this time.

If you have any questions or concerns, please contact me directly at school.



Please know that this information could be subject to change.

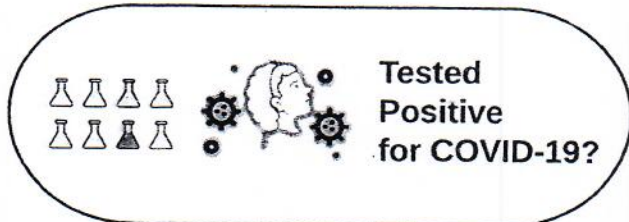
I hope this information is helpful and that very few of you will need to use it.

Sincerely,
Mrs. Pamela Lafrennie
School Nurse

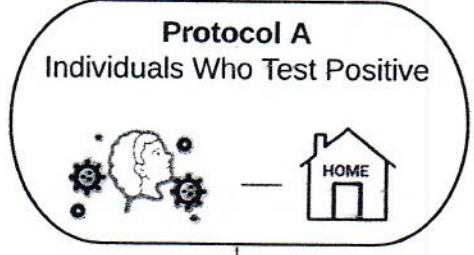
Protocol A: Individual Tests Positive for COVID-19

PATHWAY LEGEND

-  stay in school
-  go home



GO HOME




Return to school on day 11 and once:

1. Symptoms improve
2. Fever-free without fever-reducing medicine for 24 hours

Please Note:

- The 10-day period starts with onset of symptoms or after positive PCR or antigen test if individual is asymptomatic.
 - If individual tests positive as part of a pooled test, the 10-day period begins the day the pooled test returned a positive result.
- Individuals who do not meet these criteria after 10 days should receive clearance from either public health authority contract tracers (the local board of health of Community Tracing Collaborative) or school health professionals before returning to school.
- Return to school should be based on time and symptoms resolution. It is not recommended that individuals take another COVID test prior to return.

Protocol B: Asymptomatic Close Contacts


 **Close Contact with COVID-19 Infection and You Are Asymptomatic?**

Exempt from Testing and Quarantine:

- **Asymptomatic, fully vaccinated**
- **Classroom close contacts** provided both individuals were masked and at least 3 feet apart
- **Bus close contacts** provided individuals were masked and bus windows were open
- **Had COVID within the past 90 days**

Are you exempt from testing and quarantine?

YES

 **Remain in School**

NO

Does your school offer Test and Stay and you are opting in?

NO

Which option will you follow?

Quarantine + 1 Test

Quarantine + No Test

Protocol B-1: Test and Stay
recommended option



Protocol B-2 Traditional Protocol



Protocol B-3 Alternate Protocol



Duration is 7 days. Testing is on school days + any extracurricular weekend days

Remain in school so long as you are asymptomatic and:

- Wear a mask in school at all times, other than when eating or drinking (keep 3' distance when unmasked to the extent feasible).
- Test negative daily on school days and any weekend days for extracurricular activities (weekend tests = eMed Take Home Test)
- Quarantine at home on non-school/extracurricular days
- Monitor symptoms through day 14

Return to school on day 8 provided you:

1. Remain asymptomatic
2. Receive negative COVID PCR or rapid antigen test on **day 5 or later**
3. Monitor symptoms through **day 14**

Please Note: If not following Test and Stay, this is the preferred option to cut down on a student's absence from school

Return to school on day 11 provided you:

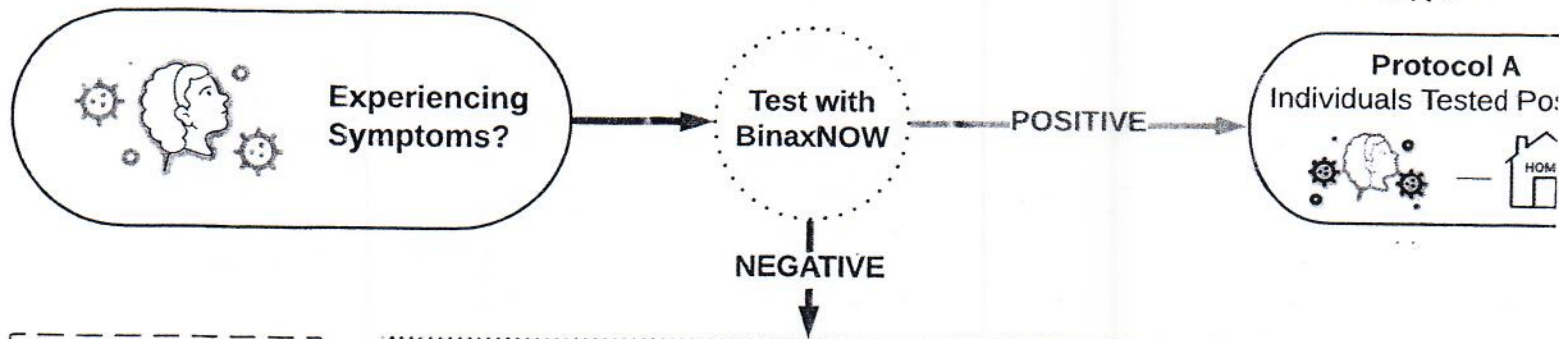
1. Remain asymptomatic
2. Monitor symptoms through **day 14**

Protocol C: Symptomatic Individuals at School

PATHWAY LEGEND

stay in school

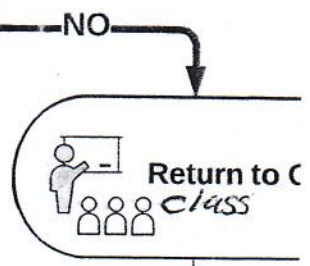
go home



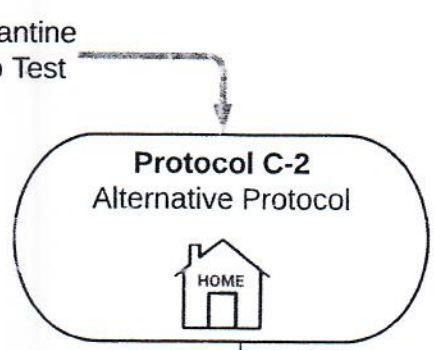
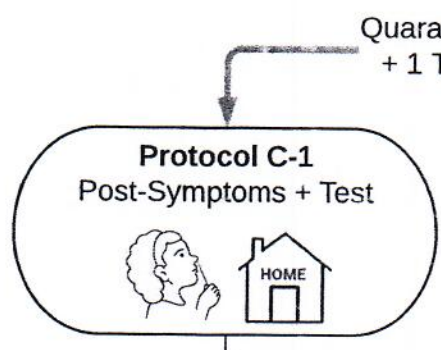
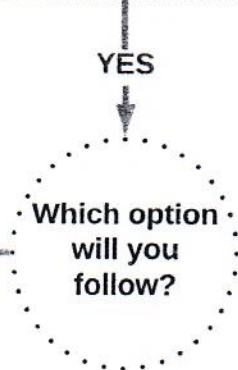
Vaccinated individuals should only answer "yes" if experiencing symptoms in bold

Unvaccinated individuals should answer "yes" if experiencing any ONE symptom in bold and/or any combination of symptoms not in bold

- Presenting with any of the following symptoms?**
- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
 - Difficulty breathing or shortness of breath
 - New loss of taste or smell
 - Muscle aches or body aches
 - Cough (not due to other known cause, such as chronic cough)
 - Sore throat, *when in combination with other symptoms*
 - Nausea, vomiting, or diarrhea *when in combination with other symptoms*
 - Headache *when in combination with other symptoms*
 - Fatigue, *when in combination with other symptoms*
 - Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*



**retest again 3-5 day later if symptoms remain the same*



- Return to school once:**
1. Symptoms improve
 2. Fever-free without fever-reducing meds for 24 hours
 3. Receive a negative PCR test or a doctor makes an alternative diagnosis
- *close contacts whose symptoms resolve before 7 days may return to school provided that they enter into Test and Stay until day 7*

- Return to school on day 11 if:**
1. Symptoms improve
 2. Fever-free without fever-reducing meds for 24 hours